Virtual voices

Are you looking for ways to unleash your inner Beyoncé or Freddie Mercury from the comfort of your own home? Then check out our fun musical suggestions for breaking up the working day and staying connected with your friends and family, while supporting Alzheimer’s Research UK.

Snack and sing

Mix up your snack or lunchtime routine and get everyone together for virtual karaoke.

Add some friendly competition

• Why not get different friends and family members to form teams and go head-to-head in a sing-off?

• Select a group to judge each team and mark them out of ten on singing it (singing ability and song difficulty) and bringing it (dancing, costumes and props).

• Entice teams to give it their all by offering a prize for the winning group and remember to add their points to the scoresheet!

Fundraising ideas

• Set up a JustGiving page* and ask karaoke-goers for a small donation to join the event.

• For a price, you could throw in a ‘get out of karaoke-card’ which dashes the possibility of taking the mic and gives the power to redirect your turn to someone else.

Top tips

• Hop on your preferred video platform, such as Zoom or Google Hangouts, and take turns to belt out the tunes!

• Manage the queue by asking people to email over song requests beforehand.

• If you want to create the full karaoke experience, share your screen with the lyrics so that you can all sing along together.
Share the song
Show your support for dementia research by taking on a Share the Song challenge. Record yourself singing your favourite tune, post it online and then nominate your friends and family to do the same. Set up a JustGiving page* for the challenge and ask people to make a donation for taking part.

Just copy the below text and tag the people you’d like to challenge!
“I'm supporting @alzresearchuk by Sharing My Song to raise vital funds for dementia research! I’m passing the baton to X to do the same. Donate, sing your song, copy this message and pass on the song”.

Virtual choir
Are you already part of a local choir? Or maybe you are looking for new activities to bond with colleagues while working remotely? Why not get together and create a virtual choir?

• You can hold virtual choir practise sessions on Zoom. There are some great tips for organising this here.
• To record a song, you could use Zoom or the singing app Smule which offers a huge database of songs. While there is a cost for using Smule, they offer a free seven-day trial.
• Share your finished masterpiece with friends and family and ask for a donation.

Lip-sync battle
Maybe singing isn’t for you, but you still love to perform. That’s okay! Putting together a lip sync fundraiser is easy and fun.

• Set up a JustGiving page* and ask your lip syncers to make a suggested donation.
• Encourage friends to send their videos to you, collate and post them on internal channels.
• Ask friends and family to donate to vote for the best performance (added points for costume!) and offer a prize for the winning entry.

* If your workplace is a corporate partner of Alzheimer’s Research UK, please find their preferred fundraising page here: alzres.uk/create-your-page
www.alzheimersresearchuk.org
Charity numbers 1077089 & SC042474
# Score sheet

<table>
<thead>
<tr>
<th>#</th>
<th>Name</th>
<th>Score</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

* If your workplace is a corporate partner of Alzheimer’s Research UK, please find their preferred fundraising page here: [alzres.uk/create-your-page](http://alzres.uk/create-your-page)

www.alzheimersresearchuk.org
Charity numbers 1077089 & SC042474