



# JUST DANCE-OFF FOR ALZHEIMER'S RESEARCH UK

If you're working remotely, why not bring your friends, family or colleagues together for a virtual Just Dance-Off and make #JustDanceMemories? It'll be a great way to stay connected, get moving and have a little fun, without leaving the house!

## Did you know?

You can experience Just Dance's greatest routines without a console! Unleash your inner dancer with your smartphone as a controller with [Just Dance Now](#). You can try for free or purchase a VIP pass for a small fee to access unlimited songs.

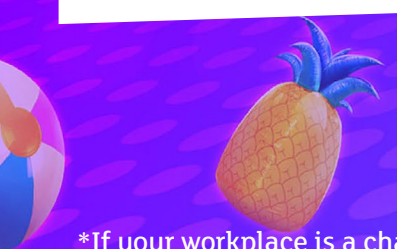
## How to organise your virtual Just Dance-off:

- Tell your friends, family, or colleagues who are keen to put on their dancing shoes (or slippers!)
- Encourage the group to download the free '[Just Dance Now](#)' app, if they don't already own a version of the game.
- Choose from one of the many songs available on '[Just Dance Now](#)' and set a time frame for the competition.
- Help raise funds for Alzheimer's Research UK by setting up an online [JustGiving](#)\* page and asking your dance partners for a suggested donation to take part.
- Announce your Just Dance-off plans to the group!

## On the day:

- Everyone should dance their heart out to the chosen song, using Just Dance, at a time that suits them, within the competition window.
- Everyone should announce their highest score to the dance leader to update the leaderboard (template attached).
- To celebrate, you could send the winner a postcard using '[Printed Memories](#).'

**Just Dance is a great way to socialise virtually, while also raising funds for life-changing dementia research.**



\*If your workplace is a charity partner of Alzheimer's Research UK, please find their preferred fundraising platform here: [alzres.uk/create-your-page](https://alzres.uk/create-your-page)

Registered charity numbers: 1077089 and SC042474

**JUST DANCE**  
**MEMORIES**

with



**Alzheimer's  
Research  
UK**

