Volunteer with us

Be part of a movement that believes in the power of research

Community Speaker
As a Community Speaker you’ll be playing a huge part in helping to increase public understanding, breaking down the stigma of dementia and our vital work to overcome it. Community Speakers will proactively approach their local community, offering talks about the charity, collecting cheques and providing thank you speeches acting as an ambassador for Alzheimer’s Research UK.

Health Information Reviewer
We are keen to make sure that our information has the right tone for people affected by or at risk of dementia. You can help us to maintain and develop our health information by becoming a Health Information Reviewer. All of our health information is reviewed and updated every two years and is accredited by the NHS Information Standard. It will only take a couple of hours of your time a year, but you’ll be making a huge difference to us and the people we are helping.

Office Volunteers
From time to time we have fantastic volunteering opportunities at our head office near Cambridge, depending on different departments’ needs and your availability. Whether you’re interested in helping out with office admin, event planning or project work, our HQ is a great place to gain new skills and experience in the charity sector.

New opportunities!
Can’t find a role that suits you? Perhaps you’d like to volunteer with us at Events or as part of a Policy Sounding Board or Involvement Panel? Maybe you’d be interested in joining as a Lay Reviewer or taking on an active role in your local community as a Collection Tin Coordinator?

Whatever your interest, there are so many ways to volunteer with Alzheimer’s Research UK. If you’d like to do some cheering, hosting, speaking, fundraising, reviewing, collecting, performing, supporting, reading, discussing or more, there are all sorts of roles available! We think there is a place for you in the Alzheimer’s Research UK family.

To find out more about Alzheimer’s Research UK volunteer roles visit our website below or get in touch with the volunteering team using the contact details below.

Tel: 0300 111 5 333
Email: volunteer@alzheimersresearchuk.org
Web: alzheimersresearchuk.org/volunteering

Alzheimer’s Research UK
3 Riverside, Granta Park, Cambridge, CB21 6AD
Registered charity numbers 1077089 and SC042474
Who are we, what we do

Alzheimer’s Research UK is the UK’s leading dementia research charity dedicated to diagnosis, prevention, treatment and cure. Backed by our passionate scientists and supporters, we’re challenging the way people think about dementia, bringing together the people and organisations who can speed up progress, and investing in research to make life-changing breakthroughs possible.

Why volunteer for us?

Volunteering at Alzheimer’s Research UK provides a way for you to contribute to our vision of a world that is free from the harm, fear and heartbreak of dementia. There’s lots of evidence that volunteering has a positive impact on health too.

People choose to volunteer for many different reasons. You might wish to:

- Support a cause close to you.
- Give back to your community.
- Make a difference to the people around you.
- Support the passions of friends and family.
- Build upon existing knowledge.
- Boost your confidence.
- Be part of a team.
- Develop new skills and experiences.
- Enhance career opportunities.
- Socialise and make new friends.

Whatever your motivation might be, our volunteers tell us that volunteering at Alzheimer’s Research UK is fun and rewarding.

Are you ready to join us?

Whether you’re looking to volunteer once a week, month or year – there is a role and team waiting to welcome you. Read on to find out more about how you can get involved with some of our current opportunities.

Our current opportunities:

Cheer Squad

Our cheer squad volunteers are crucial to our event participants. As they raise vital funds for dementia research by taking on UK-wide sporting events and challenges, our incredible supporters say that the impact made by our cheer squads is incalculable in getting them over the line. Join with us to be that difference.

Collection Crew

By becoming part of our Collection Crew as a Coordinator or a Member, you would be joining a group of key volunteers across the country who offer vital support and awareness by raising money in a variety of locations: from your local high street or supermarket to pop concerts or football stadiums.

Fundraising Group

Joining one of our established regional Fundraising Groups, or helping to set up a new one in your area, can be a hugely rewarding experience. Run by wonderful volunteers, they raise money and awareness in local communities throughout the country. You’ll get the chance to help organise and host events such as quiz nights, sponsored walks, afternoon teas or race nights.

Media Volunteer

As one of our Media Volunteers, you could support us by giving interviews for print and broadcast media. You might be talking about your dementia experience to a national newspaper or going to your local radio station to explain why you’re supporting one of our events.