



**Alzheimer's  
Research  
UK**

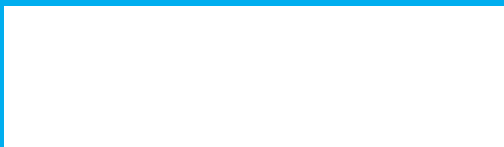
Make  
breakthroughs  
possible

# It's Waistcoat Wednesday!

**Here's how one little item  
of clothing can raise  
money to power research:**

1. Dig out your best waistcoat OR hit your local charity shop - they always have some great specimens. You could even add your own modifications!
2. Let your stunned colleagues admire your waistcoat at work
3. Tweet the photos to @ARUKnews so we can join in the fun

**Your Waistcoat  
Wednesday is on:**



**Suggested donation**  
£1 to take part, and £2 forfeit  
for those who don't!

Prize for the  
most amazing  
waistcoat

