THROWBACK THURSDAY

Organise a retro fun day to make breakthroughs possible

Registered charity number: 1077089 and SC042474
What is Throwback Thursday?

Make an ordinary Thursday extraordinary by organising a fun retro-themed day and get the whole office involved.

Pick any decade as the theme for your day and start getting your colleagues looking forward to looking back!

Fancy dress down
Ask colleagues to ditch the suit and dress down in their best retro fancy dress. Donate £2 to take part and make sure to include a fine for those who don’t...

Music quiz
Play songs from your chosen decade to test who really knows their stuff! Pay to play and include extras such as a raffle or auction.

Cookery competition
Organise a retro-themed bake off or bring in popular dishes from your chosen decade. Choose a judge to declare the winner!

Sporty sweepstake
Did you know it’s 50 years since England won the World Cup? Organise a football sweepstake in honour of this.

Baby photo challenge
Get your colleagues to bring in baby photos of themselves. Donate to take part and guess who’s who!

Lunchtime games
Have a relaxing and nostalgic break by playing board games like Cluedo, Mousetrap or Operation. Or make it competitive and race spacehoppers!

Use the poster included in this pack to let everyone know when you are holding your Throwback Thursday and some of the activities they can get involved with!
Our retro fun day to make breakthroughs possible

Date:
Time:
Theme:
Your throwback coordinator:

Tweet your pictures @ARUKnews with #ARUKtbt