

# A game of two halves

It's halfway through the fundraising year.  
Make sure your cup  
is half full by...

- 1** Signing up for a half marathon.
- 2** Getting sponsored to give up your favourite food for 15 days – half a month isn't that long!
- 3** Donating or fundraising £10 – enough to fund half an hour of world leading dementia research.
- 4** Challenging the office football fanatics. Dare colleagues to wear their rival's shirt for half a day. Collect donations for their bravery!
- 5** Raffling or auctioning a half day's leave or a duvet day.
- 6** Auctioning the boss off, so they can do the highest bidder's job for half a day.



**Thanks to your  
help we can make breakthroughs  
possible.**

