

Sizzling summer



Start planning some summer fundraising and help Alzheimer's Research UK to **fund vital world-class research** into dementia.

Here's some ideas to get you started:

- 1** Get hot under the collar and hold a chilli eating contest.
- 2** Organise a rounders tournament and charge each team to enter.
- 3** Host a strawberries and cream tea party.
- 4** Give a guided nature walk around your local area.
- 5** Hold a charity BBQ.
- 6** Offer your car washing or gardening services for a fee.
- 7** Hold an open garden day.

Thanks to your help we can make breakthroughs possible.



**Alzheimer's
Research
UK**

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Registered charity numbers: 1077089 & SC042474