



Sizzling summer

Start planning some summer fundraising and help Alzheimer's Research UK to fund vital world-class research into dementia.

- 1** Get hot under the collar and hold a chilli eating contest.
- 2** Organise a rounders tournament and charge each team to enter.
- 3** Host a strawberries and cream tea party.
- 4** Run a Wimbledon sweepstake using www.Guess2Give.com.
- 5** Give a guided nature walk around your local area.
- 6** Hold a charity BBQ.
- 7** Offer your car washing or gardening services for a fee.
- 8** Hold an open garden day.

Thanks to your help we can make breakthroughs possible.

